



Project AWARE

Chippewa Falls

Year 1

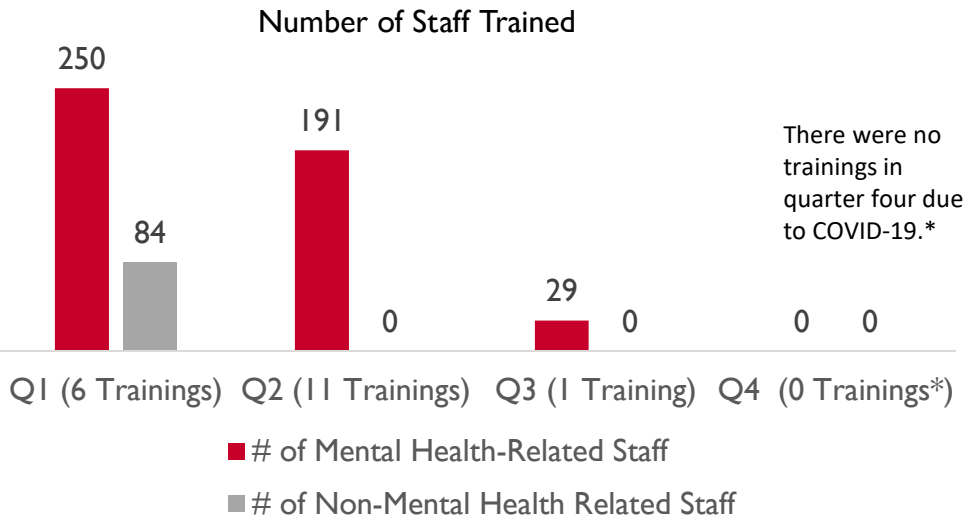
2019-2020

ABOUT PROJECT AWARE

The Project AWARE grant, provided through Substance Abuse and Mental Health Services Administration (SAMHSA), aims to increase awareness of behavioral and mental health issues among school-aged youth by promoting awareness among students, training school staff, and providing families with community resources. This report is a summary of the first-year accomplishments.

TRAININGS

A total of 18 trainings were completed during the first year of Project AWARE. Trainings covered 6 topic areas – displayed below. A total of 425 mental health-related staff and 84 non-mental health-related staff were trained in the past year of the grant.



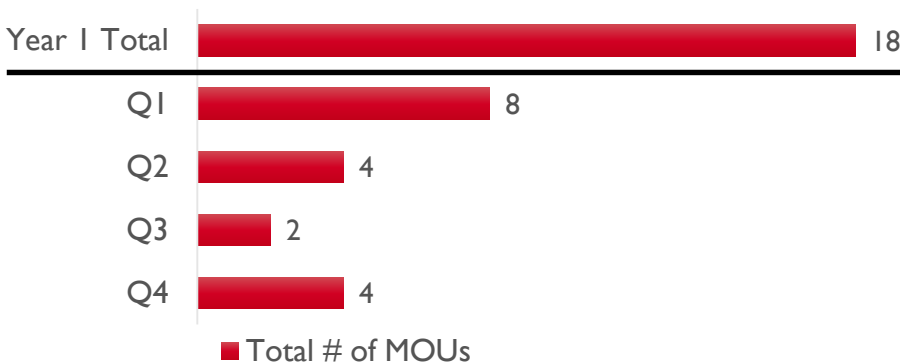
Topics	# of Trainings
Mental health tools/strategies	6
Relationship building	3
Self-Care for staff	3
Trauma	3
Working with marginalized groups	3

PARTNERSHIPS

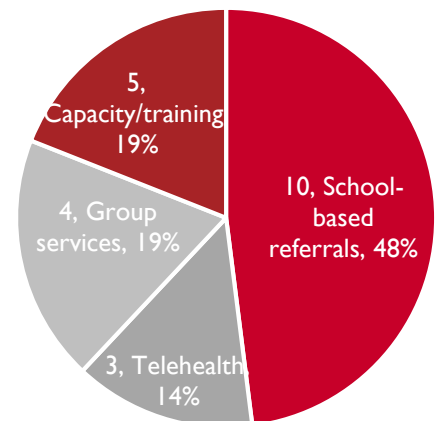
A total of 18 new partnerships were developed in Year 1 with a variety of non-profit, training, consulting, and mental health agencies. Partnerships spanned Chippewa and Eau Claire Counties to serve a broad reach of students and families. Since the COVID-19 pandemic, access to Telehealth services has been increased through 3 new MOU's (i.e. Memorandum of Understanding to provide mental health and other services to youth and families).



Number of NEW MOUs



Type of NEW Partnerships

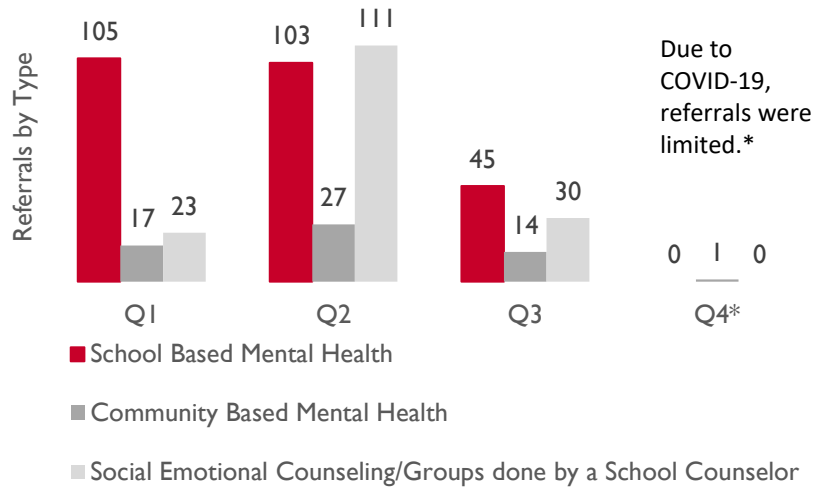


MENTAL HEALTH REFERRALS

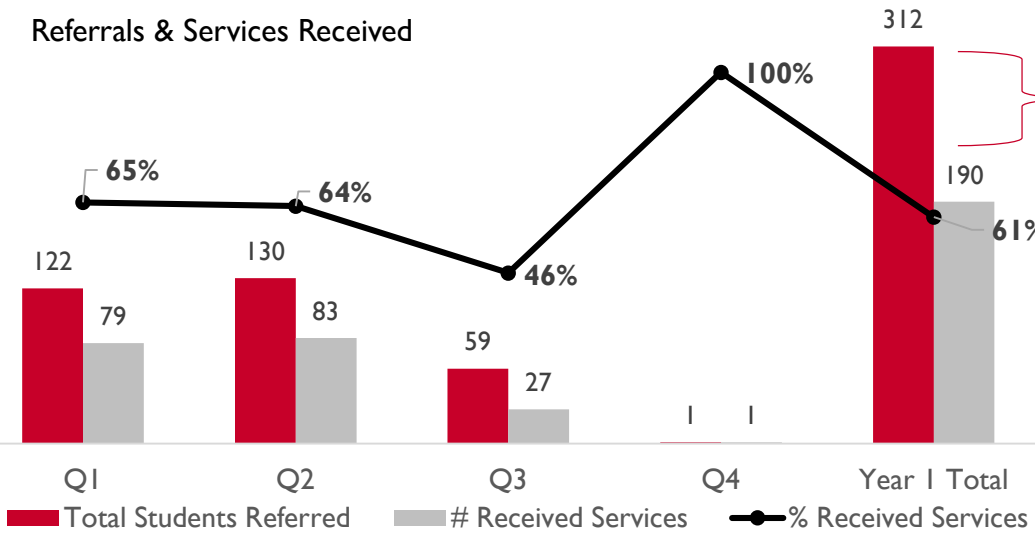
A total of 312 individuals were referred for mental health services in Year 1. Of those students, 61% have received services thus far, with 20% currently working with school counselors and the mental health navigator to receive services in the future.

Of those referrals, 53% were to school-based services, 12% to community-based services, and 35% to social emotional counseling/groups.

Referrals by Type (students may be counted twice)



Referrals & Services Received



Of the 122 students who did not yet receive services:

- 62 families were working with school counselors and the mental health navigator to receive services
- 59 families declined services
- 1 student moved out of the district

Grant Goals and Accomplishments in Year One (a sample)



1. Increase the capacity for schools to respond to onsite mental health crisis

- Professional development was offered at the Cardinal Conferences in order to promote wellness and mental health
- Creation of a Cardinal Care Mental Health Supports website in order to communicate the available mental health supports (www.cardinalcare.info)



2. Improve cross system collaboration to improve mental health supports for children and youth

- Creation of a District and Community Leadership Team for the purposes of creating seamless mental health and behavioral health services
- Community therapists are invited to the School Counselor meetings



3. Increase youth and family voice and choice

- A mental health teacher focus group was created at the high school
- A subcommittee was created to work on creating a defined process for our screening/assessment results
- Mental health pop-up booths at parent teacher conferences



4. Increase access to and engagement of mental health and wellness treatment resources for children and youth

- Hired a Mental Health Navigator
- Created/updated a mental health referral pathway
- Identified a mental health curriculum for 8-10th graders
- Developed a procedure and tracking tool to track the mental health service referrals for students