



Chippewa Falls Area Unified School District

ABOUT PROJECT AWARE

The Project AWARE grant, provided through Substance Abuse and Mental Health Services Administration (SAMHSA), aims to increase awareness of behavioral and mental health issues among school-aged youth by promoting awareness among students, training school staff, and providing families with community resources. This report is a sample of the fourth-year accomplishments from July 1st, 2022, to June 30th, 2023.

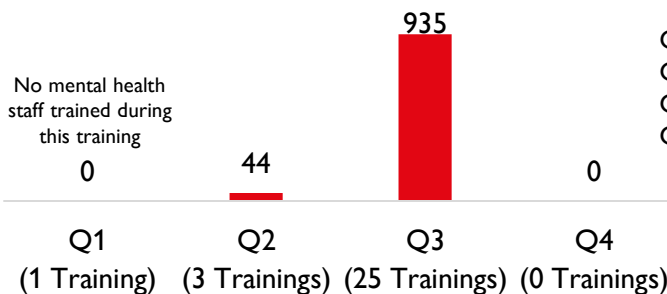
TRAININGS



A total of 29 trainings were offered during the fourth year of Project AWARE. Trainings covered 4 topic areas – displayed below. A total of 1,010 staff were trained in Year 4, 979 of which were mental health-related staff.

Number of Mental Health Staff Trained

(Includes duplicate counts as staff may have attended multiple trainings throughout the year)



Grant Quarters

- Q1: July 1-Sept. 30, 2022
- Q2: Oct. 1-Dec. 31, 2022
- Q3: Jan. 1-Mar. 31, 2023
- Q4: April 1-June 30, 2023

■ # of Mental Health-Related Staff

Topics	# of Trainings
Self-Care for Staff/Students	16
Mental Health Tools/Strategies/Supports	9
Building Resiliency	3
Understanding/Supporting Trauma	1



POLICY DEVELOPMENT

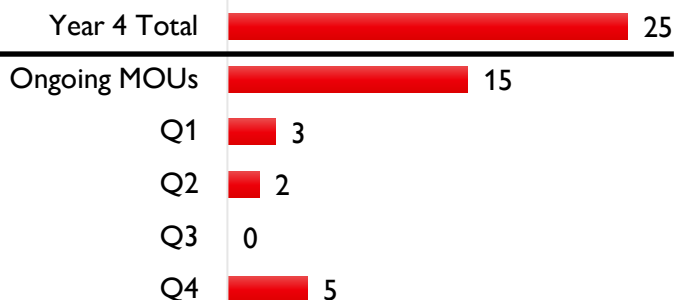
Project AWARE ultimately aims to change policies and systems to increase access to quality mental health support and services. The Chippewa Falls Area Unified School District Project AWARE team did not have any policy changes during Year 4.

PARTNERSHIPS



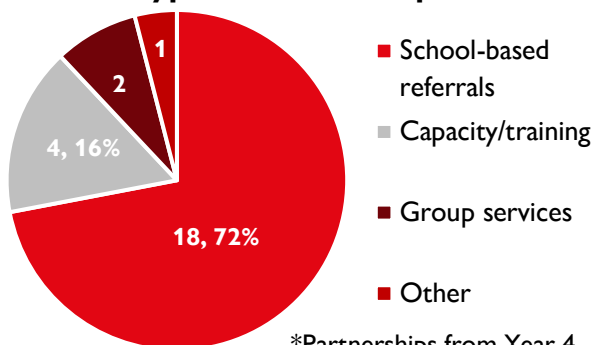
A total of 10 new partnerships or Memorandums of Understanding were developed in Year 4, along with 15 partnerships continuing from the past year including a variety of non-profit, training, consulting, and mental health agencies. Partnerships spanned Chippewa and Eau Claire Counties to serve a broad reach of students and families.

Number of MOUs



■ Total # of MOUs

Type of Partnerships*



*Partnerships from Year 4

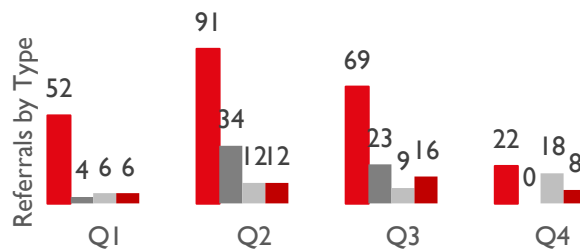
MENTAL HEALTH REFERRALS



A total of 382 students were referred for mental health services in Year 4. As of June 30th, 2023, 81% of those students have received services thus far, with 30 families currently working with School Counselors and the Mental Health Navigator to receive services in the future.

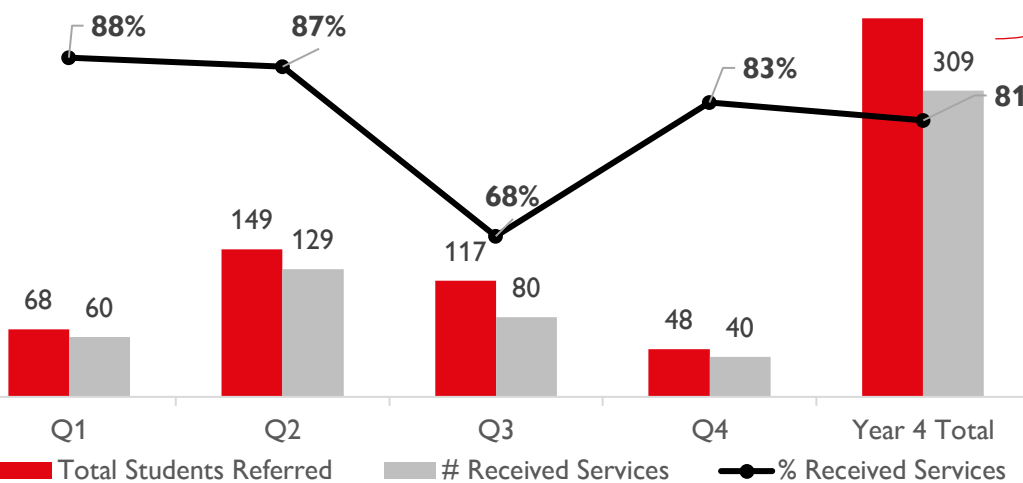
Of those referrals, 61% were to school-based services, 16% to social/emotional counseling, 12% to co-facilitated small groups, and 11% to community-based services.

Referrals by Type (students may be counted twice)



- School Based Mental Health
- Social/Emotional Counseling
- Co-Facilitated Small Groups
- Community Based Mental Health

Referrals & Services Received



Of the 73 students who did not yet receive services:

- 30 families are working with school counselors and the Mental Health Navigator to receive services
- 42 families declined services
- 1 student moved out of the district

Grant Goals and Accomplishments in Year Four (a Sample)



1. Increase the capacity for schools to respond to onsite mental health crisis

- The Youth Mental Health First Aid (YMHA) training was offered to every staff member in the school district
- The Conscious Discipline trainings expanded to the 4k level in Year 4
- Love and Logic trainings were offered to staff and district families by Chris Peterson
- Administered the 4th annual staff survey to 300 staff across all schools in the district



2. Improve cross system collaboration to improve mental health supports for children and youth

- Continued implementation of the Behavioral Emotional Social Trait Scale (BEST) across K-7 schools, which is designed to look at external and internalizing behaviors of students
- The Strengthening Families Program (SFP), which is an evidence-based family skills program for high risk and general population families, was delivered to two cohorts in Year 4



3. Increase youth and family voice and choice

- Student Family Assistance Program (SFAP) expanded their services to include youth coaching
- The AWARE team is part of a pilot partnership with Winnebago Mental Health Institute to establish a consent process between the hospital and schools



4. Increase access to and engagement of mental health and wellness treatment resources for children and youth

- Staff training was conducted for the middle and high school Mental Health Curriculum
- The Building Assets, Reducing Risks (BARR) program continued with the AWARE team's support