

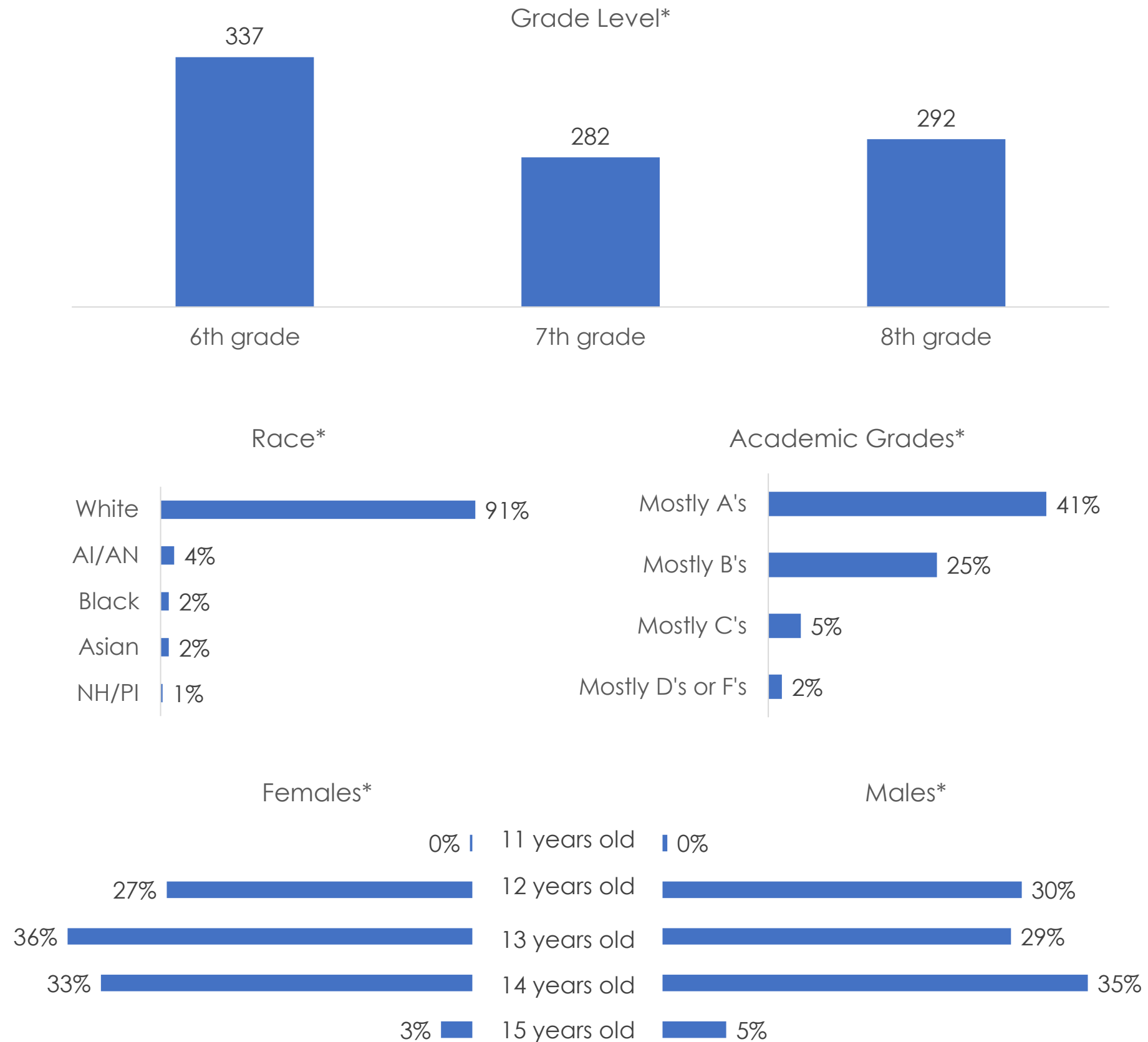
2021 Online Youth Risk Behavior Survey Report

Chippewa Falls Middle School

Background

The Online Youth Risk Behavior Survey (OYRBS) is used to gather local students self-reported data on health behaviors, attitudes and perceptions, and protective factors. This data can help to raise awareness of important health issues, influence societal norms and perceptions, show the need for funding, and capture the need for, and monitor the impact of, prevention programs for school-aged youth. The data presented in the pages to follow is reflective of 2021 OYRBS data. Data presented in this report is weighted, unless otherwise specified with an asterisk (*). OYRBS data are weighted to adjust for school and student nonresponse and to make the data representative of the population of students from which the sample was drawn. Generally, these adjustments are made by applying a weight based on student sex, grade, and race/ethnicity. If any questions arise, please contact Owen Tortora (<https://dpi.wi.gov/sspw/yrbs>).

Respondent Demographics*



Goal 1: Increase Capacity to Respond to Mental Health Crisis

Strategies to Address Goal
Progress



Offer multiple trainings for staff

566 district staff trained during 15 professional development opportunities in 2021-2022.



Develop an onsite mental health crisis plan

Mental health crisis plan updated in January 2020 and shared with district staff.



Promote awareness of available interventions and how to access them.

88% of middle school staff know where to find mental health resources for students.



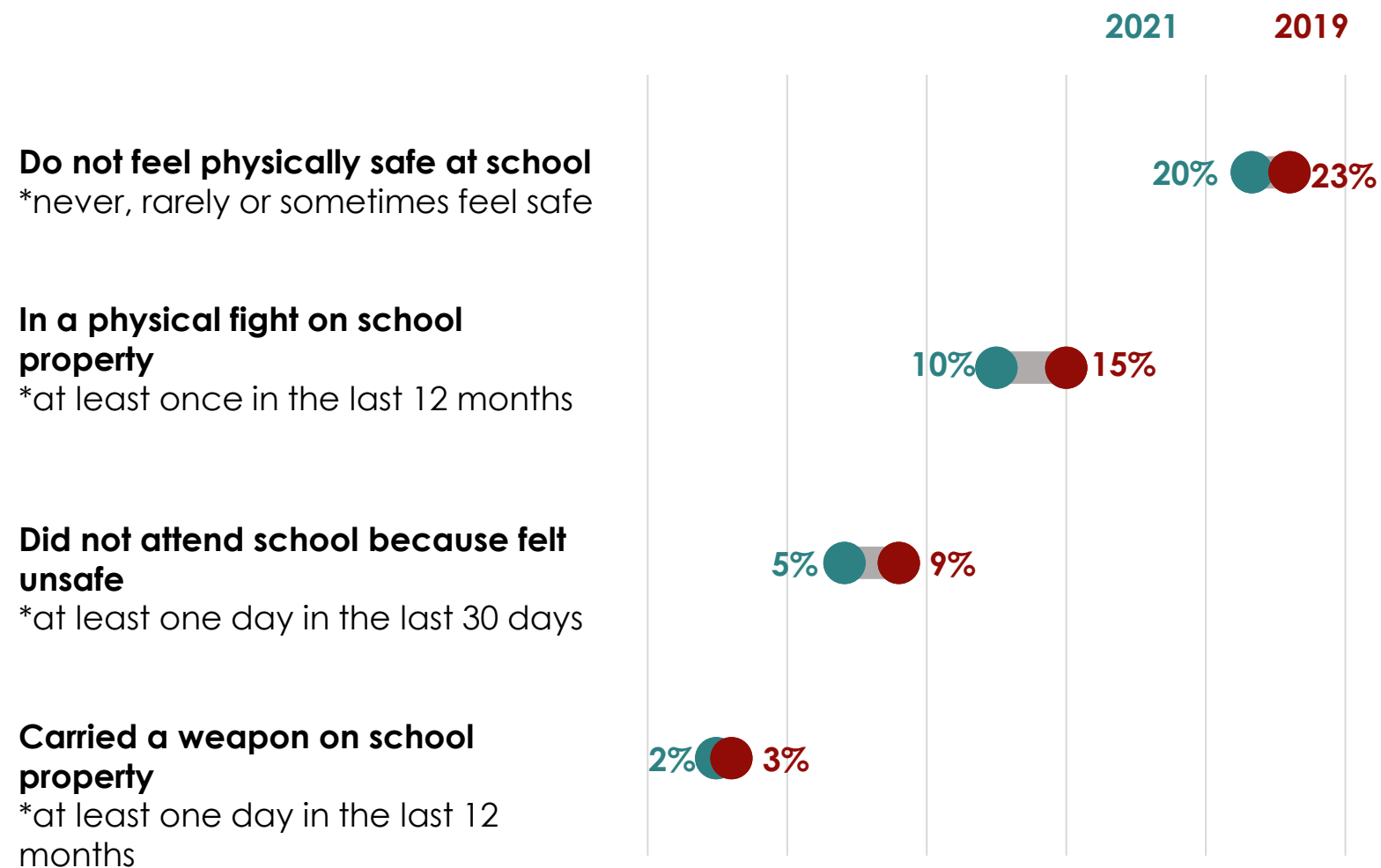
Offer Youth Mental Health First Aid Training for staff

18 district staff trained in YMHA in January and March 2022.

Preliminary Outcomes

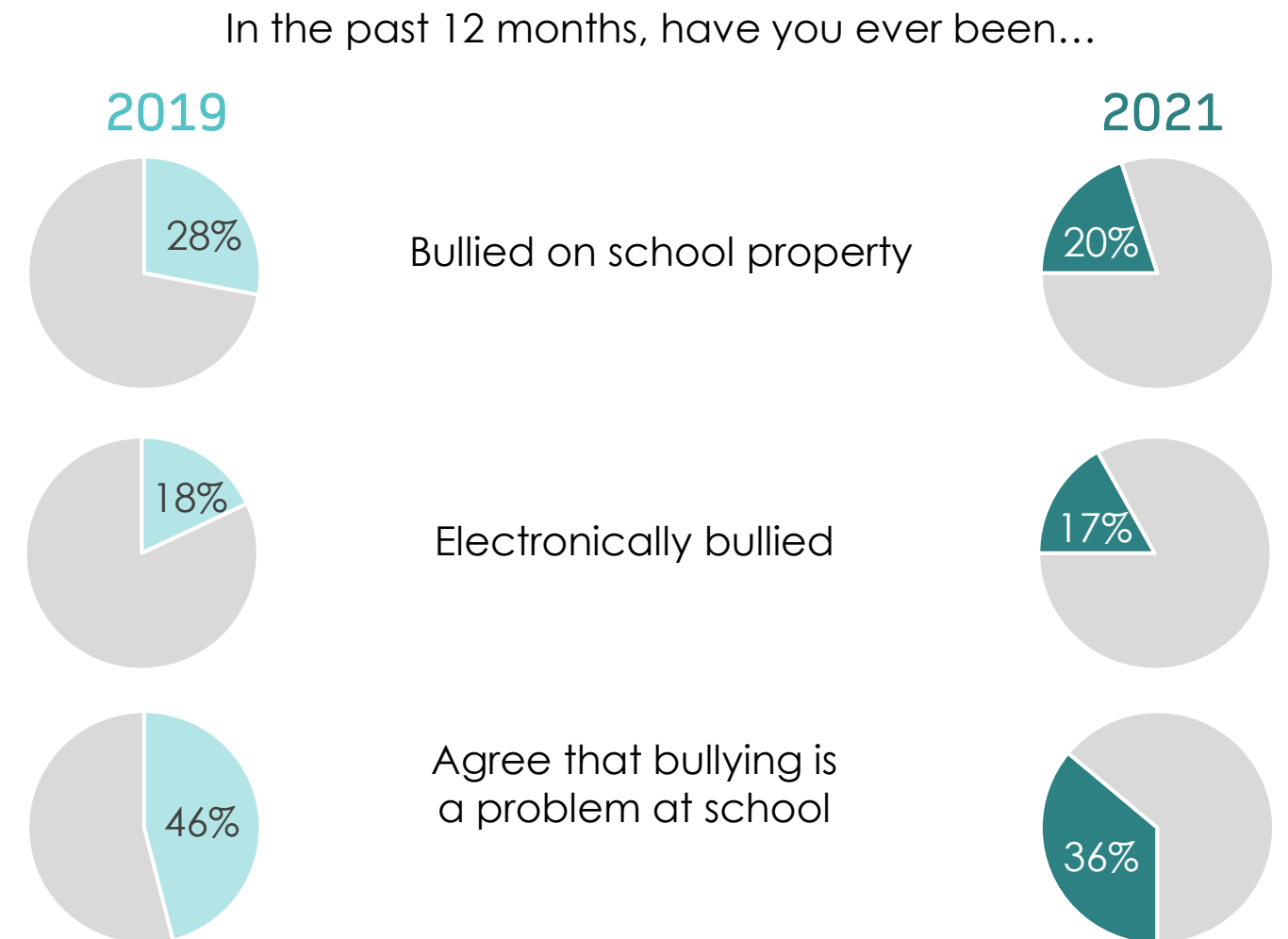
Violence

All violence measures decreased from 2019 to 2021 for Chippewa Falls Middle School.



Bullying

Reported in-school and electronic bullying decreased in 2021. 10% less students believe bullying was a problem at school in 2021 compared to 2019.



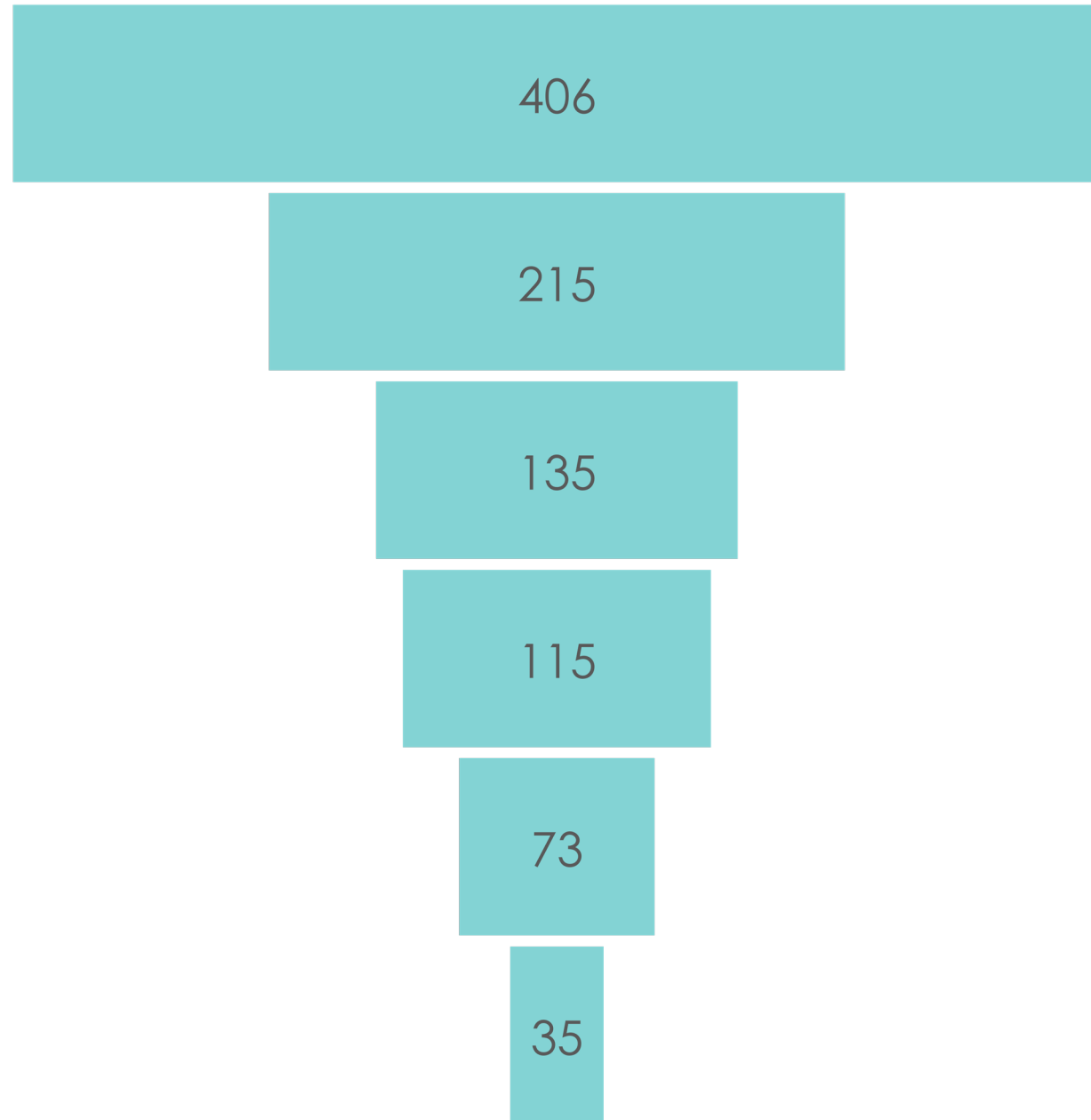
Goal 1: Increase Capacity to Respond to Mental Health Crisis

Self Harm/Suicide Ideation

All self harm/suicide ideation counts in 2021 decreased slightly compared to 2019.

2019 Findings*

*Number of youth who said yes



Feeling anxious, nervous, tense, etc.

Stopped doing usual activities

Did something to hurt self

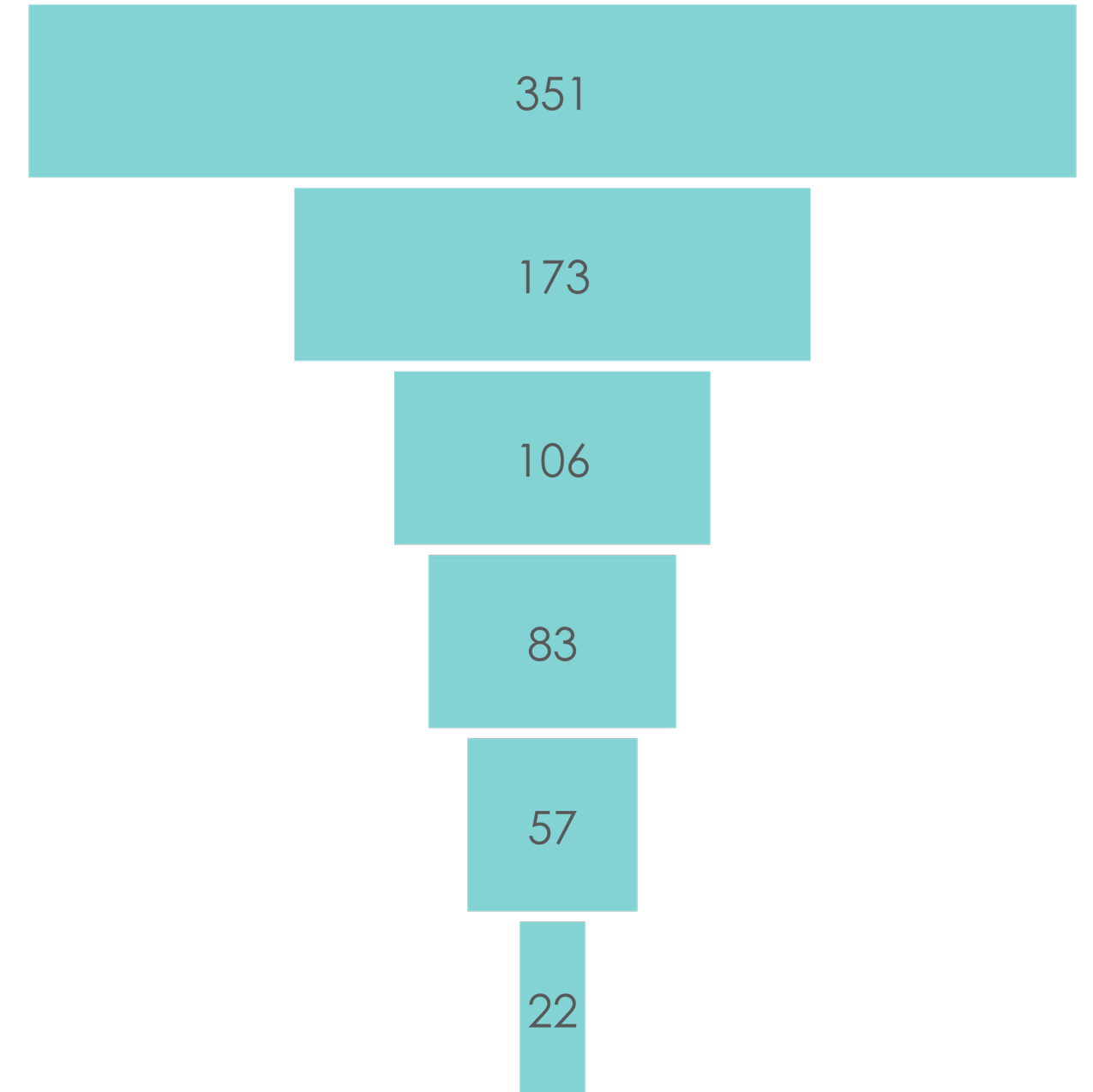
Seriously considered suicide

Made a plan about suicide

Attempted suicide

2021 Findings*

*Number of youth who said yes



351

173

106

83

57

22

Goal 4: Increase Access to Mental Health Resources

Strategies to Address Goal
Progress



Identify evidence-based programs to develop skills that promote resiliency and pro-social behaviors

Mental Health & High School Curriculum chosen for implementation



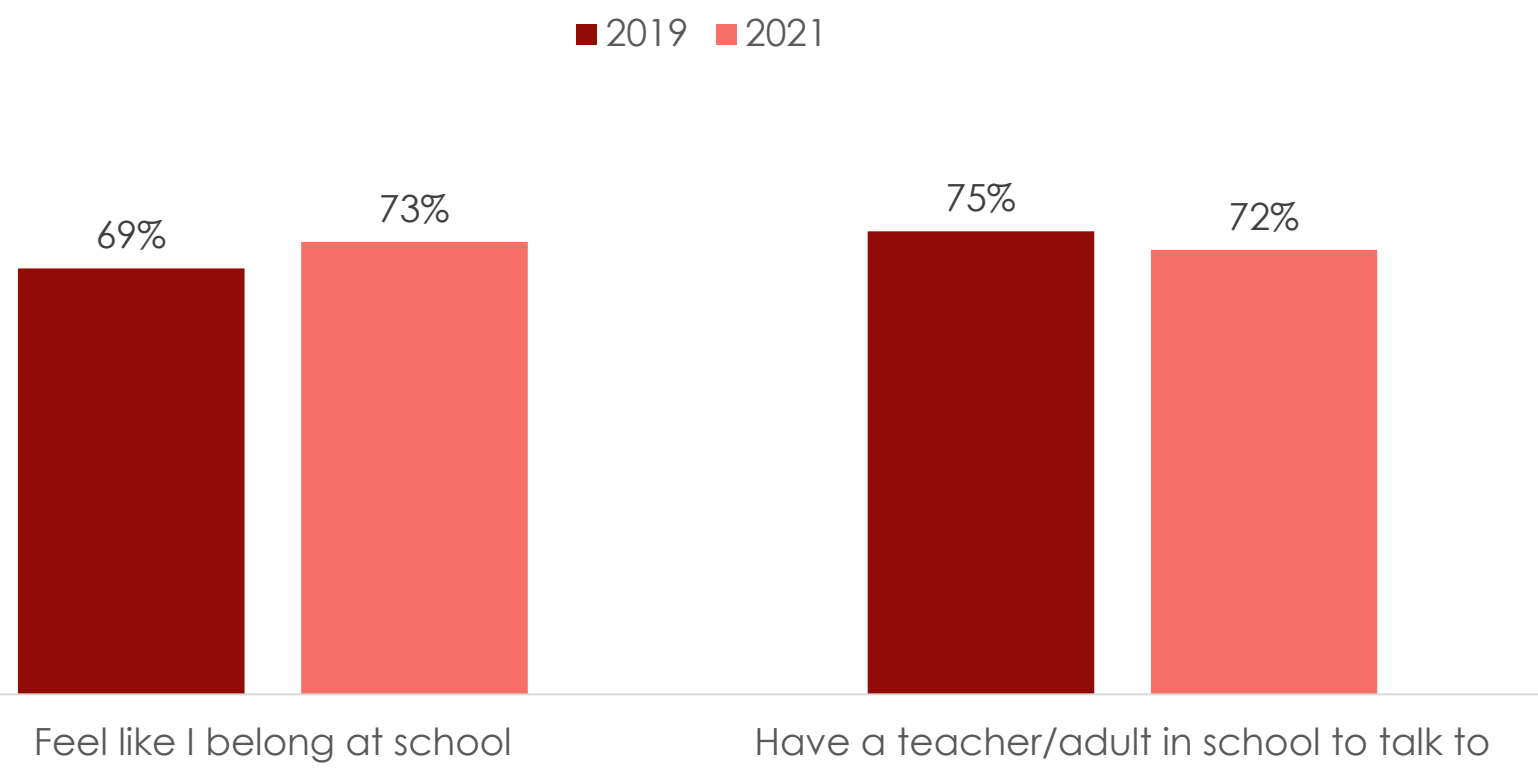
Increase the proportion of referrals to outside providers that result in treatment

16% of referrals in 2021-2022 were to community-based services.

Preliminary Outcomes

Belonging

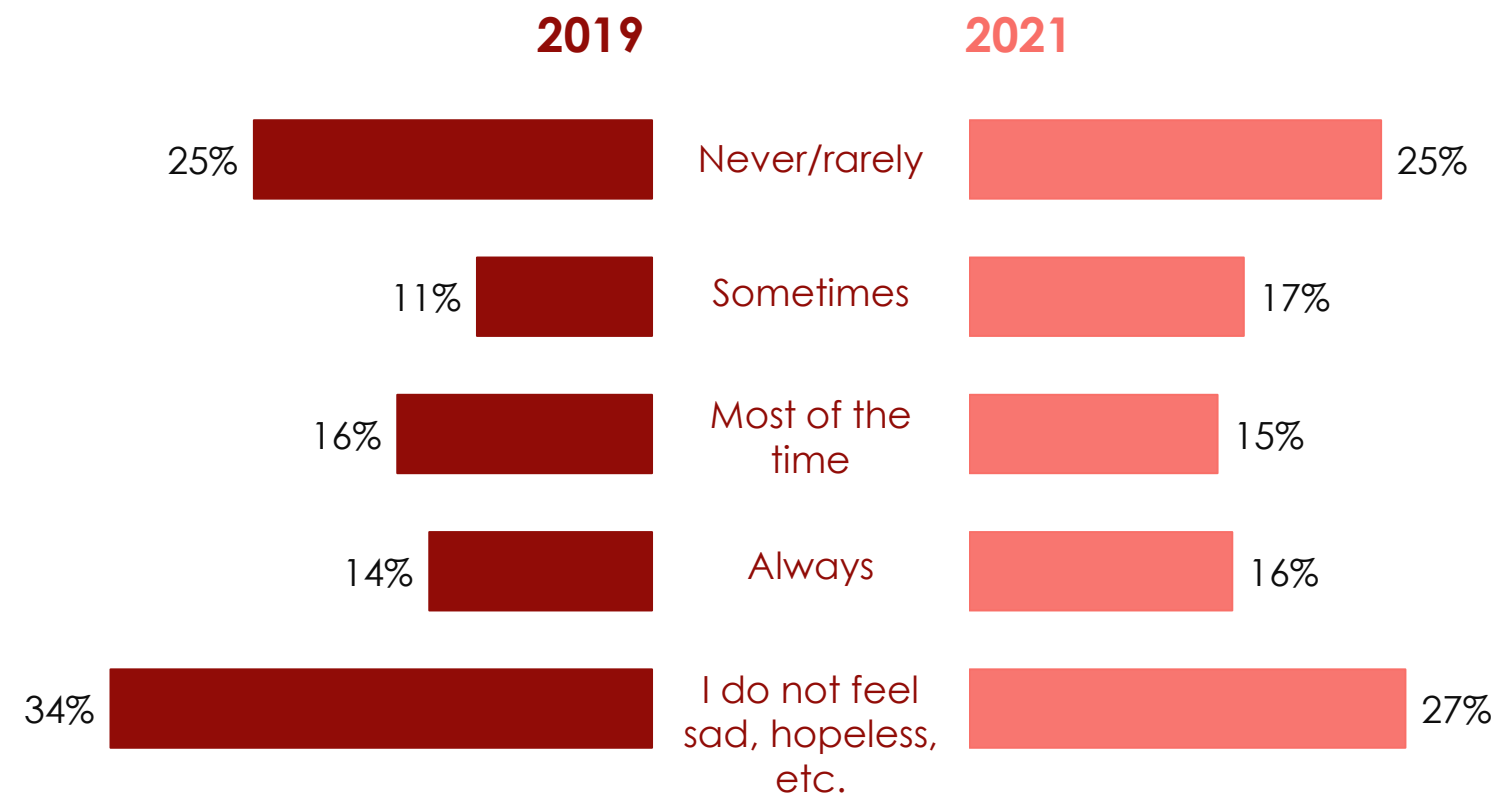
In 2021, 4% more students felt like they belonged at school. However, slightly less had an adult at school to talk to, compared to 2019.



Depression/Anxiety

A similar percentage of students reported getting help sometimes, most or all the time when they felt sad in 2019 compared to 2021.

When you feel sad, empty, hopeless, angry, or anxious, how often do you get the kind of help you need?*
 **Graph below includes students that responded they do not feel sad, hopeless, etc. School specific report created by DPI does not include this group in results.

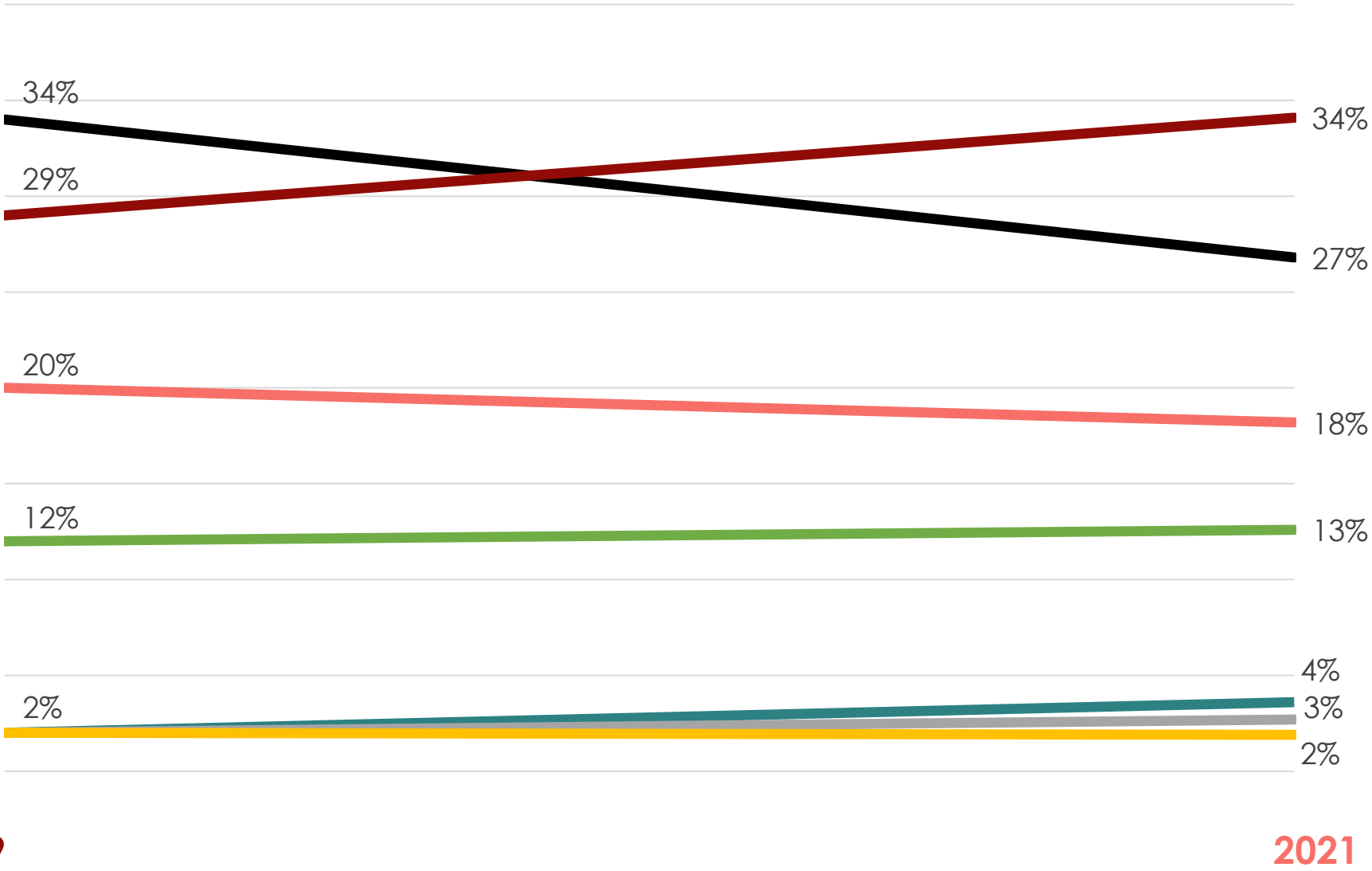


Goal 4: Increase Access to Mental Health Resources

Connection

Who youth talk to when they're sad stayed relatively consistent from 2019 to 2021. Youth had an average of 5 adults to seek help from in 2019 and 2021.

Who Youth Talk to When They're Sad



5

The average number of adults for whom students can seek help in 2021.

5

The average number of adults for whom students can seek help in 2019.